#### ADDITIONAL INFORMATION ABOUT YOUTH AND FAMILY SUPPORT

Here are some of the ways the Performance Project supports youth and families in our community, and also activities that we share, beyond what's described on our website.

### **ACADEMIC**

- Advocating for youth in the school system
- Communicating with guidance counselors
- Communicating with teachers
- Connecting youth with one-on-one tutors
- Advocating for IEP testing to gain more support in school
- Shopping for school uniforms

#### HEALTH

- Mentoring youth to advocate for themselves in the medical/mental health systems
- Making medical, dentist, eye appointments
- Referring youth for counseling and identifying options
- Accompanying/transporting youth to medical, dentist, urgent care, and mental health appointments
- Crisis response- Accompanying youth to crisis, and/or for in-patient support
- Communicating with families and supporting their decision-making process

## SUPPORTING FAMILY MEMBERS TO ACCESS

- English classes
- Job search support
- Mental health services
- Legal services
- Addiction services
- Community College

## HIGHER EDUCATION

- College research
- College application support
- College essay and resume writing
- Connecting students with Upward Bound
- College visits
- Moving youth into college dorm
- Continued communication and support through college
- Support with graduate school applications

# ADDITIONAL SUPPORT

- Identifying people in the community as resources for individual youth
- Job hunting
- Taking youth to the RMV for learners permit test
- Providing opportunities for youth to go outside of Springfield and Holyoke, such as, hiking in Vermont, retreats in rural settings, attending performances and cultural events up throughout the Pioneer Valley, Boston, New Haven, Vermont and New York.

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